

# At Your Workplace



- Know your company's policy around abusive behavior and sexual harassment, and know who to talk to if you witness it. If your company does not have a policy, insist that one is created and implemented as soon as possible with the help of an anti-abuse organization.
- Create opportunities for your team to promote a safe workplace year-round. Share self-care tips during staff meetings, address the causes of harassment and abuse through annual trainings, and establish a buddy system where co-workers can confide in someone they trust as needed.
- Hold co-workers and managers who behave abusively accountable for their actions. If you witness abusive behavior, report it immediately. If a co-worker confides in you that they have been harassed, tell them you believe them, ask how you can be supportive, and report the behavior immediately.

**I PLEDGE...** not to raise  my hand in violence.

Learn More at [iPledgeWAA.org](http://iPledgeWAA.org)