MAKING A PHONE CALL TO YOUR LEGISLATOR

Before you place a call, write down notes about the points you want to make. That way, you won’t forget anything.

Legislators are often too busy to take phone calls, and rely on their staff to keep them informed. Ask for the staff person who covers your issue area (e.g., education, human services, etc.)

If you request a return call, you will usually get one from staff members if you are a constituent in the legislator's district.

QUICK TIPS

• Keep it brief, simple and focused.
• Introduce yourself by sharing your first and last name and your zip code.
• Tell the staff member if you know or have met the legislator previously.
• State the specific purpose for your call (provide a bill number if relevant).
• Make it personal - share a short personal or professional connection to the issue you are raising and why it matters to you.
• Include a call to action (e.g., support or oppose a specific bill, introduce legislation to address an issue, etc.)

SAMPLE SCRIPT

Hello, my name is [first and last name] and I am a constituent from [county and zip code]. I urge you to support Senate/House Bill 000 because it will make my community safer and healthier. [Discuss what the bill does to keep victims of domestic violence, and therefore the community at large, safer and healthier]. Thank you for your time.