

Resources for people behaving abusively

A crucial step to reducing domestic violence is to work with those who are acting abusively to recognize and change their behavior. While services for survivors are more frequently publicized, resources that help people behaving abusively make meaningful changes can be harder to access and identify. The following web resource is designed to address this need. We are grateful to partner with these Philadelphia-based providers in the movement to end domestic violence - a core part of our mission.

Courdea

www.courdea.org

At Courdea, individuals work with licensed therapists to identifying the underlying sources of hurt, anxiety, and shame that lead them to be hurtful to their loved one and work to change this relationship behavior. Following a beginner-level group period, clients may be invited to join an advanced-level group focused on repairing damaged relationships and exploring the history of harmful patterns. Ongoing individual therapy is available to address a variety of concerns in addition to harmful behavior.

CONTACT: 215-242-2235

LOCATION: The Fire Works, 701 S. 50th St, 3rd Floor, Philadelphia, PA 19143

COST: Accepts many forms of insurance, and also offers a sliding scale for those not using insurance.

Joseph J. Peters Institute (JJPI)

<https://jjpi.phmc.org/services/srs/relational-violence-program>

JJPI's Safety and Responsibility Outpatient Relational Violence Program treatment focuses on helping the individual assess and change dysfunctional attitudes that support violence, build skills to better function interpersonally, and to identify and treat any co-occurring psychiatric or other problems. Our team works to help individuals identify maladaptive attitudinal and behavior patterns and to develop strategies to replace abusive behaviors with respectful and prosocial behaviors.

CONTACT: Nancy Ngo at nngo@jjpi.phmc.org or call 215-665-8670 ext. 5105

LOCATION: 1211 Chestnut Street, 5th Floor, Philadelphia, PA 19107

Resources for people behaving abusively cont.

Lutheran Settlement House's Masculinity Project

<https://www.lutheransettlement.org/lsh-programs/masculinity-action-project/>

The Masculinity Action Project is a community education and violence prevention initiative that brings men and masculine-identifying individuals into movements for gender justice. We host workshops and trainings on topics such as: bystander intervention, masculinity and mental health, consent, cooking and other traditionally feminized labor, apologizing and accountability, and many more.

CONTACT: Toby Fraser at tfraser@lshphilly.org or 215-426-8610 ext. 1233

LOCATION: 1340 Frankford Avenue, Philadelphia, PA 19125

Philadelphia Anti-Drug/Anti-Violence Network's Community Crisis Intervention Program (PAAN)

<https://www.paan1989.org/>

PAAN works to transform lives through drug intervention, counseling, education, job readiness, community service, academic achievement and various empowerment programs. They are committed to creating social change by continuing to build strong relationships with our broad-based partnerships.

CONTACT: 215-940-0550

LOCATION: 2700 North 17th Street, Suite 200, Lehigh Pavilion, Philadelphia, PA 19132

Dept. of Behavioral Health and Intellectual disAbility Services & Community Behavioral Health

<https://dbhids.org/>

Connects Philadelphians with behavioral and mental health treatment options, as well as drug and alcohol treatment.

CONTACT: 888-545-2600 / Philly crisis line: 215-685-6440

COST: Accepts Medicaid

For mental health emergencies:

Philadelphia Mobile Emergency Team 215.685.6440

Philadelphia Suicide and Crisis Center 215.686.4420

National Suicide Prevention Lifeline 1.800.273.8255

For all other emergencies, call 911

**WOMEN
AGAINST
ABUSE**